

10 Easy Actions to Save Energy and Protect Climate

1. I turn the lights out when leaving a room.
2. I switch off the computer and television completely.
Electric appliances still use energy when they are on standby.
I also unplug my cell phone charger as soon as my cell phone is recharged.
3. I remind adults of using the air conditioning as little as possible in the car.
4. I advice mum to cover the pans when cooking.
5. I advice mum to buy regional products rather than those from other countries, because these are usually transport by plane, which is very harmful for the Earth.
6. I prefer taking a shower to a bath, which allows me to use less hot water.
7. For longer journeys, I take the train instead of the plane.
8. I get organized with my friends and neighbours to travel together in the same car, and I walk whenever it is possible.
9. I close doors to keep the warmth inside and put on warmer clothes so that the heating does not need to be turned up.
10. I sort the garbage as recycling a product is more energy-efficient than producing it from scratch.